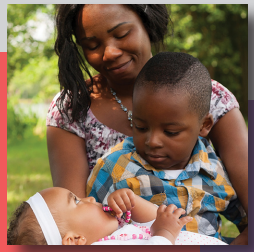
Human Services Agency Assistance Programs

CalFresh, Medi-Cal, CalWORKs, and General Relief



Strengthening families, supporting self-sufficiency and promoting safety, health and well being.

Human Services Agency
Integrity • Compassion • Empowerment
County of Ventura

Health Care Coverage Options

Starting in 2020, a new law requires all California residents to have health insurance or pay a penalty of up to $2,000 or more.

Plan	Eligible Populations	When Available	Where to Apply
Medi-Cal	Qualifying populations include: • Individuals / Families with yearly income up to 138% of the FPL* (less than $17,616 for a single individual and $36,156 for a family of four) • Individuals who are blind, disabled, or aged (subject to different eligibility criteria) • Pregnant women and infants up to age one • Foster youth up to age 26 • Children and young adults under the age of 26, regardless of immigration status *Federal Poverty Level	You may enroll at any time	**Online:** www.mybenefitscalwin.org **By Phone:** Call 888-472-4463 to apply for Medi-Cal ONLY **In Person:** Visit a Community Benefits Center - see list on back **Currently unavailable due to COVID-19** See center page for more information
Low-Cost Medi-Cal for Children	• Children and young adults under age 26 with yearly household income up to 266% ($69,696 for a family of four) of the federal poverty level. Monthly premiums of $13/child, maximum of $39/household.		
Covered California	All income levels may seek health benefits coverage through Covered California • Up to 400% of the federal poverty level receive tax credits or subsidies (yearly income of less than $49,960 for a single individual and $103,000 for a family of four)	If you have had a life-changing event within the past 60 days (for example, job loss, marriage, divorce, or birth of a child), you may qualify to enroll in Covered CA now	**Covered California** **Call:** 800-300-1506 **Online:** www.coveredca.com **In Person:** Visit a Community Benefits Center - see list on back **Currently unavailable due to COVID-19**

COVERED CALIFORNIA

Medi-Cal & CalFresh

Medi-Cal is California's public health insurance program. It provides needed health care services for low-income individuals, seniors, persons with disabilities, children, youth in foster care, pregnant women, and low-income people with specific health conditions such as tuberculosis, breast cancer, or HIV/AIDS.

CalFresh helps people who have little or no income buy nutritious groceries. CalFresh benefits are accessed through an electronic benefits transfer card (EBT) that can be used like a bank debit card to buy food at most grocery stores. As of April 2020, CalFresh clients who are Able-Bodied Adults without Dependents (ABAWD) who work, volunteer, and/or participate in a work program (or claim a valid exemption) will continue to receive their benefits monthly so long as they meet all other program eligibility criteria.

Applying for Medi-Cal or CalFresh: When you apply for CalFresh, Medi-Cal, and other health insurance programs offered through Covered California, you will be asked for information about your residency, identity, citizenship, Social Security number, income, and any other health care coverage you may have. If you and/or your family are eligible for CalFresh benefits you are most likely also eligible for Medi-Cal health coverage.

Number of People in Your Household	If Your Monthly Income* is AT or BELOW 130% FPL	If Your Monthly Income** is AT or BELOW 138% FPL	If Your Monthly Income** is BETWEEN 138% and 400% FPL
1	$1,354	$1,468	$1,468 - $4,254
2	$1,832	$1,983	$1,983 - $5,747
3	$2,311	$2,498	$2,498 - $7,240
4	$2,790	$3,013	$3,013 - $8,734
5	$3,269	$3,529	$3,529 - $10,227
You may qualify for:	**CalFresh**	**Medi-Cal**	**Health insurance premium assistance is available through Covered California. Children in families with income up to 266% FPL may be eligible for free or low cost Medi-Cal insurance.**

Individuals eligible for Medi-Cal due to other conditions such as blindness, disability, or age may be subject to different income and asset criteria.
*These figures are current through September 30, 2020.
**These figures are current through December 31, 2020.

CalFresh Expedited Services

If eligible for Expedited Services, CalFresh benefits will be issued within three days of your application.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for Medi-Cal or CalFresh.

See center page for how and where to apply.

Human Services Agency – www.vchsa.org or 888-472-4463

County of Ventura Human Services Agency

How to Apply for Assistance Programs

Ways to Apply	Use this option if you:	Available Programs				
		Medi-Cal	CalFresh		CalWORKs	General Relief
			CalFresh	Expedited CalFresh		
Online: Complete and submit an application online at www.mybenefitscalwin.org	• Are comfortable working on computers and submitting information electronically • Are unable to apply during office hours (8 a.m. – 5 p.m., Monday – Friday)	✓	✓ Must also complete an interview (telephone ~~or in-person~~)	✓ Must also complete an interview (telephone ~~or in-person~~)	✓ ~~Must also complete an in-person interview~~	*Not available online*
By Phone: 888-472-4463 TTY 800-735-2922 or 711	• Are not interested in other programs and **only** want to apply for Medi-Cal or CalFresh	✓	✓ Must also complete an interview (telephone ~~or in-person~~)	✓ Must also complete an interview (telephone ~~or in-person~~)	*Not available by phone*	*Not available by phone*
By Fax: Request an application by phone* or print one from www.vchsa.org and then fax it to: 805-658-4530	• Are more comfortable completing paper forms than using a computer • Are unable to apply during office hours (8 a.m. – 5 p.m., Monday – Friday)	✓	✓ Must also complete an interview (telephone ~~or in-person~~)	✓ Must also complete an interview (telephone ~~or in-person~~)	*Not available by fax*	*Not available by fax*
By Mail: Request an application by phone* or print one from www.vchsa.org and then mail or drop it off at any Community Service Center (locations listed on back)	• Are more comfortable completing paper forms than using a computer • Are unable to apply during office hours (8 a.m. – 5 p.m., Monday – Friday)	✓	✓ Must also complete an interview (telephone ~~or in-person~~)	Mail-in application available, ~~but an in-person application is recommended~~	*Not available by mail*	*Not available by mail*
In-Person: Visit a Community Service Center to apply in-person or to pick up an application (locations listed on back)	• Aren't sure which program(s) to apply for • Can apply during office hours (8 a.m. – 5 p.m., Monday – Friday) • Need help completing forms			✓	✓	✓

Currently unavailable due to COVID-19

***Call Toll-Free 888-472-4463 / TTY 800-735-2929 or 711, or visit the Human Services Agency online at www.vchsa.org**

CalWORKs

CalWORKs (California Work Opportunity & Responsibility to Kids) can provide cash assistance to low-income families with children. Certain adults in the program are required to participate in welfare-to-work activities, such as looking for a job, attending job training, working, or furthering their education, which will improve their chances for long term employment and self-sufficiency. CalWORKs employment specialists help parents develop and achieve their career goals, and assist with referrals to child care so that parents can work. CalWORKs participants are automatically eligible for Medi-Cal and may qualify for CalFresh benefits.

Eligibility: In order to qualify for CalWORKs, you must be a low-income family with dependent children living at home. Monthly income must be under a certain limit (see chart below). Since there are many kinds of deductions, you are encouraged to apply, even if your income is close to the countable income amount. Also, the property limit is $2,250 per family or $3,250 per family if a member is over age 60 or has disabilities. Examples of property include cash, bank accounts, vehicles, and homes, although the home you live in is not included.

When you apply, you will be asked for photo identification and information about your residency, citizenship, Social Security Number, income, property, and child support. Additionally, children must get their immunizations, and if over the age of 6, children must attend school.

Family Size	Monthly Gross Income Limit
1	$714
2	$1,172
3	$1,453
4	$1,724
5	$1,967

Family Size	Monthly Gross Income Limit
6	$2,213
7	$2,432
8	$2,646
9	$2,871
10	$3,116
Each extra person	$28

These figures are current through June, 2020.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for CalWORKs.

See center page for how and where to apply.

General Relief

General Relief provides temporary assistance to eligible adults age 18 – 64, with no dependent children. When no other source of assistance is available, General Relief can help with the most basic living needs, including rent, utilities, and incidentals. Eligible adults may receive direct payments to their landlord and/or utility companies, up to a maximum of $310 per month, for a household of one. General Relief payments are considered a loan and must be repaid to the County.

Eligibility: Factors used to determine eligibility and benefits for General Relief include income, identification, property, citizenship/immigration status, age, and residency. An assessment will be conducted to determine if you are able to work. There will be certain activities that will be required of you based on your individual situation. If you are disabled you will be required to apply for Social Security Disability benefits.

Your property and income from any source will be considered to determine whether you qualify for General Relief and your benefit amount. Your income must be within the allowable income limits, your property value cannot exceed $1,000, and your liquid resources (cash on hand, checking/saving accounts, stocks, etc.) cannot be over $100.

Other Ways to Submit and Receive Information

DON'T WAIT in line!

Check your account information at home or by using your cell phone with the **CalWIN Mobile App**.

MyBenefits CalWIN

www.mybenefitscalwin.org

888-HSA4info

Medi-Cal, CalFresh, and CalWORKs clients may call an automated phone line 24/7 for current information.

Call 888-HSA-4-INFO (888-472-4463) and select from the menu options available in English, Spanish, Vietnamese, Cantonese, and Farsi.

For information about your case 24-hours/day 7-days/week

888-472-4463

1	2 ABC	3 DEF
4 GHI	5 JKL	6 MNO
7 PQRS	8 TUV	9 WXYZ
*	0	#

See center page for how and where to apply.

County of Ventura
Human Services Agency

888-472-4463

Apply online at **www.vchsa.org**

TTY 800-735-2929 or 711

Locations

Oxnard Community Service Center
1400 Vanguard Drive, Oxnard 805-385-9363

Ventura Community Service Center
4651 Telephone Road, Ventura 805-658-4100

Santa Clara Valley Community Service Center
725 E. Main Street, Santa Paula 805-933-8300

Fillmore Community Service Center
828 Ventura Street, Suite 200, Fillmore 805-524-8666

East County Community Service Center
2900 N. Madera Road, Suite 100, Simi Valley 805-584-4842

Moorpark Community Service Center
(Ruben Castro Human Services Center)
612B Spring Road, Suite 301, Moorpark 805-523-5444

Thousand Oaks Community Service Center
80 E. Hillcrest Drive, Suite 200, Thousand Oaks 805-449-7320

For information 24 hours/day, 7 days/week about community resources near you

Call 211 Help Starts Here

56-00-279 E 6/20