



VENTURA COUNTY
PUBLIC HEALTH
A Department of Ventura County Health Care Agency

May 2, 2018

THE LOCAL LANDSCAPE

Health and Mental Health Equity in Ventura County

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Today's Presentation

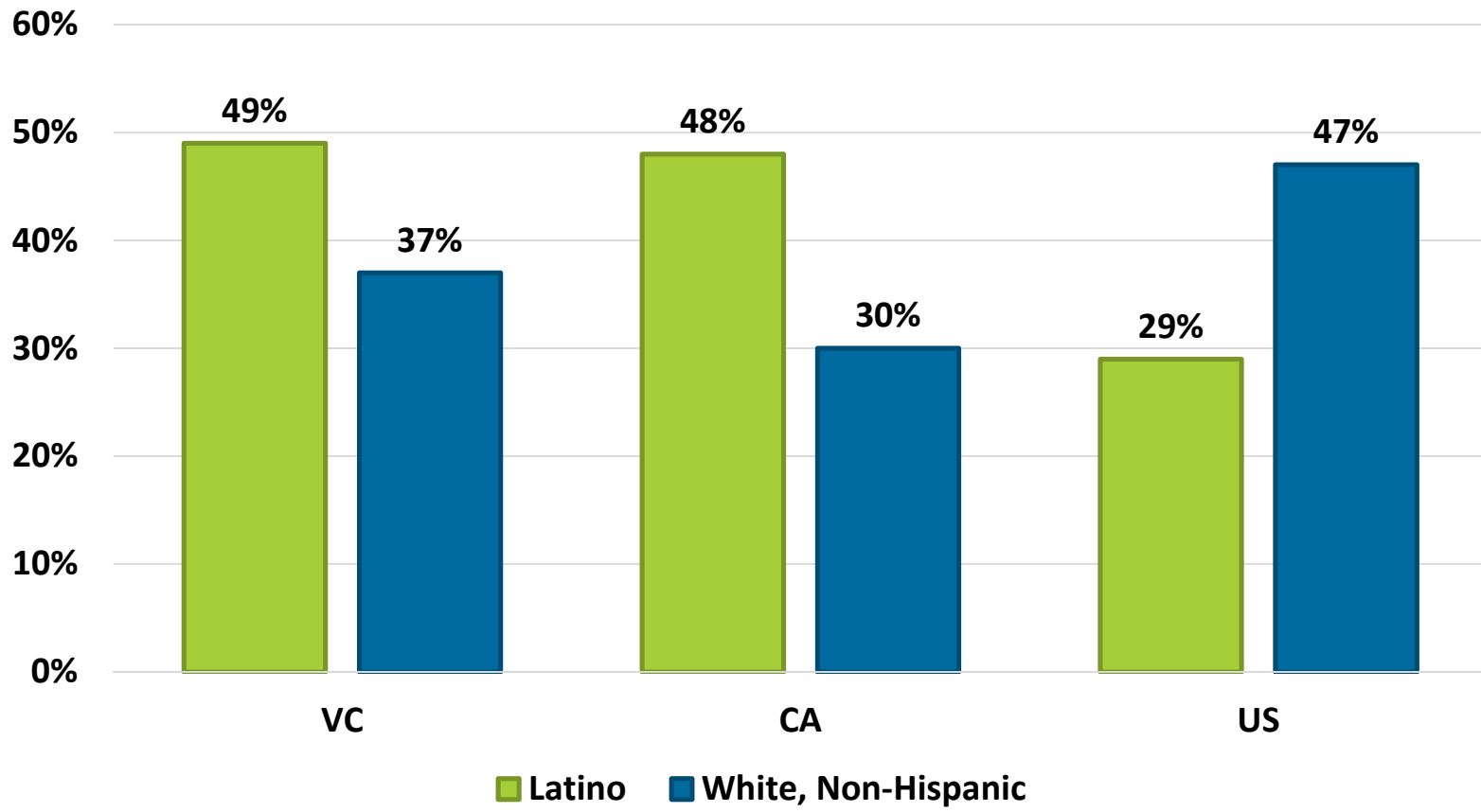
- **Review local Demographic & Social Determinants of Health data**
- **Highlight local Health Inequity indicators**
- **Community Health Improvement Plan areas**



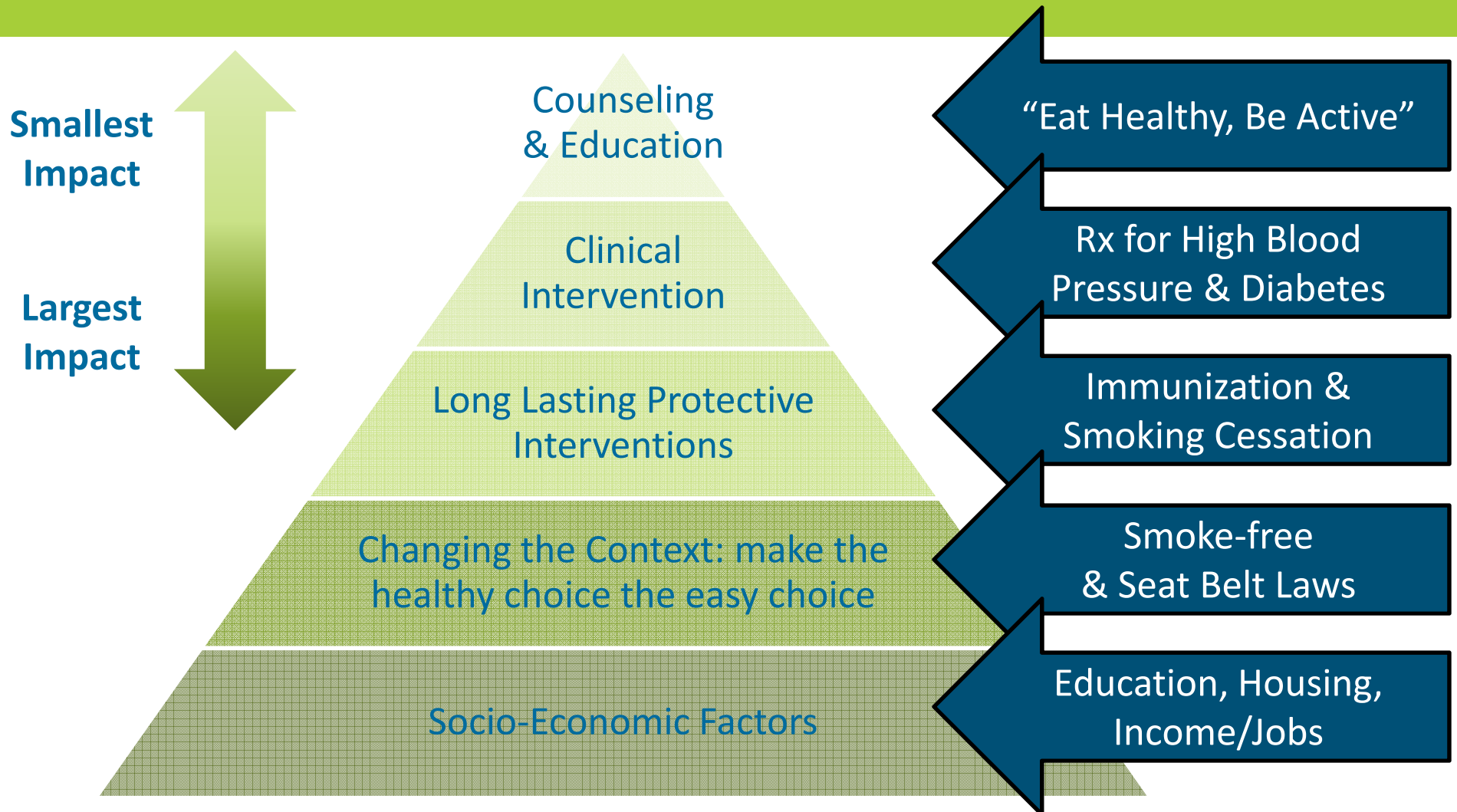
Current Demographics - 2018

	VC	CA
Total Population	856,209	39,695,753
% Population African American	1.7%	5.5%
% Population American Indian/Alaska Native	0.3%	0.4%
% Population Asian/Pacific Islander	7.5%	14.8%
% Population Latino	43.4%	39.4%
% Population White	44.6%	36.7%

Population 2060 Projection: Race/Ethnicity



What Impacts Health the Most?



Social Determinants of Health

Conditions in the places where people live, learn, work and play that affect health outcomes.

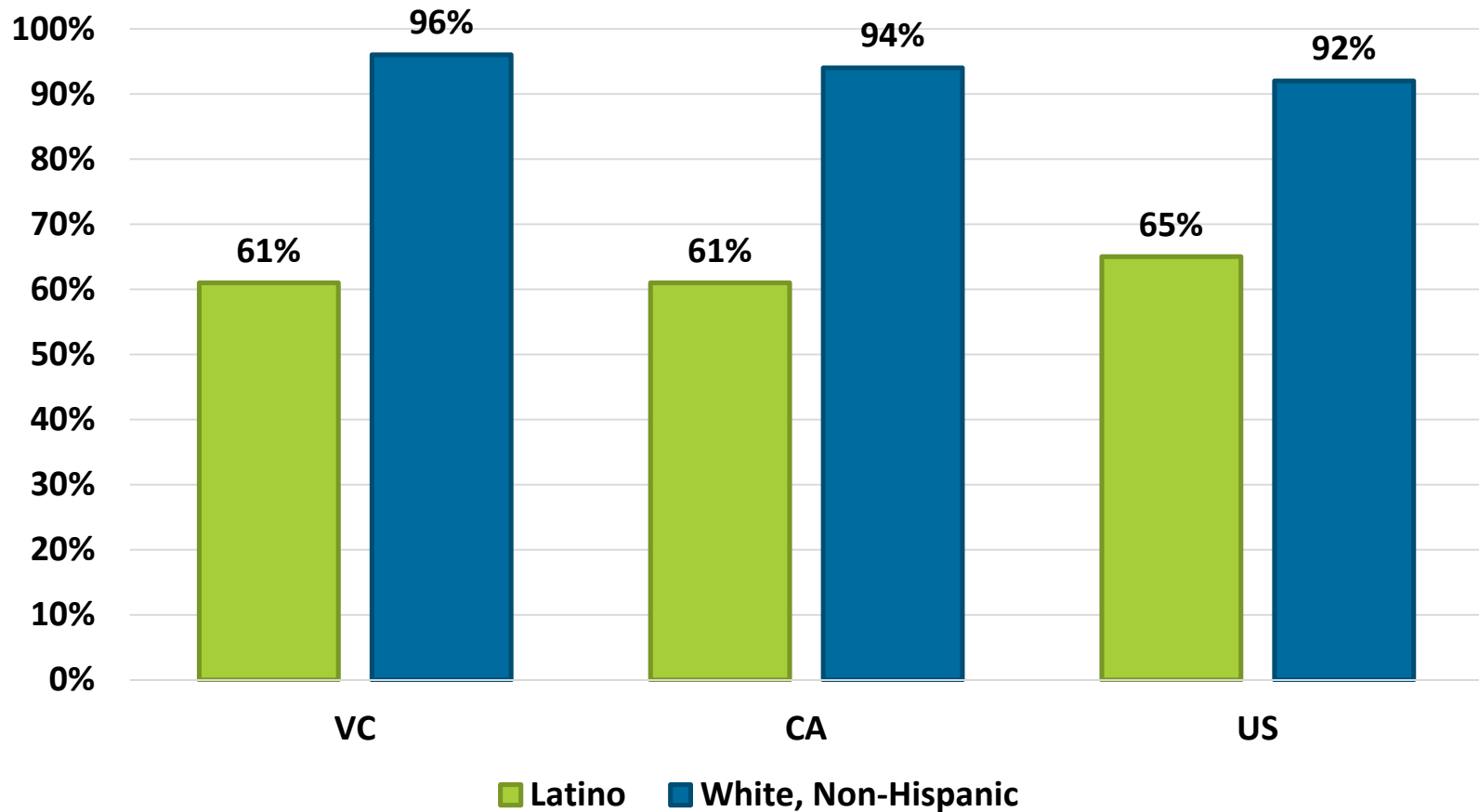
Examples

- Education
- Housing
- Physical Environment
- Social Status
- Poverty/Income



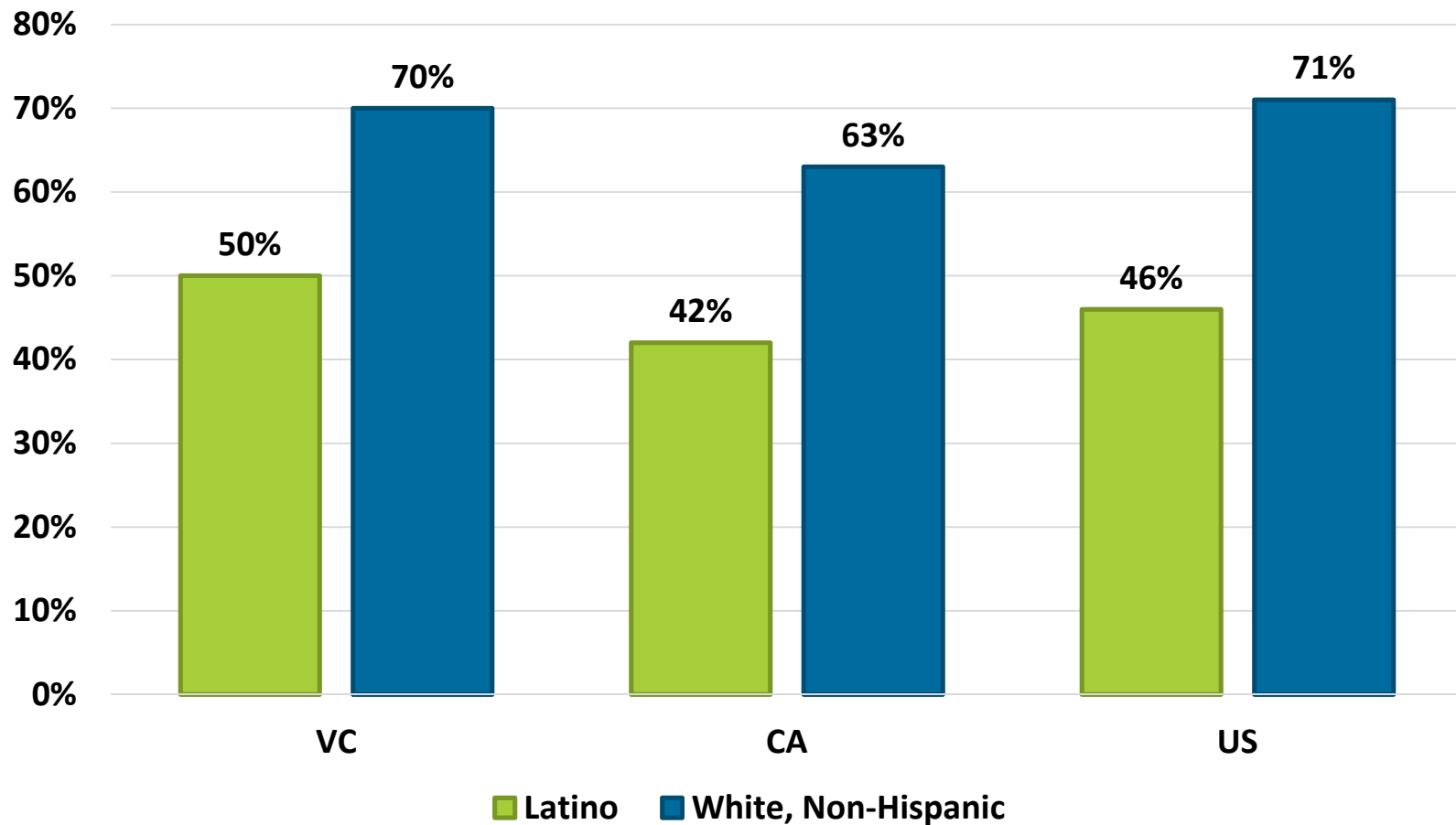
Source: Healthy People 2020

High School Graduation by Race/Ethnicity, Ventura County, 2016



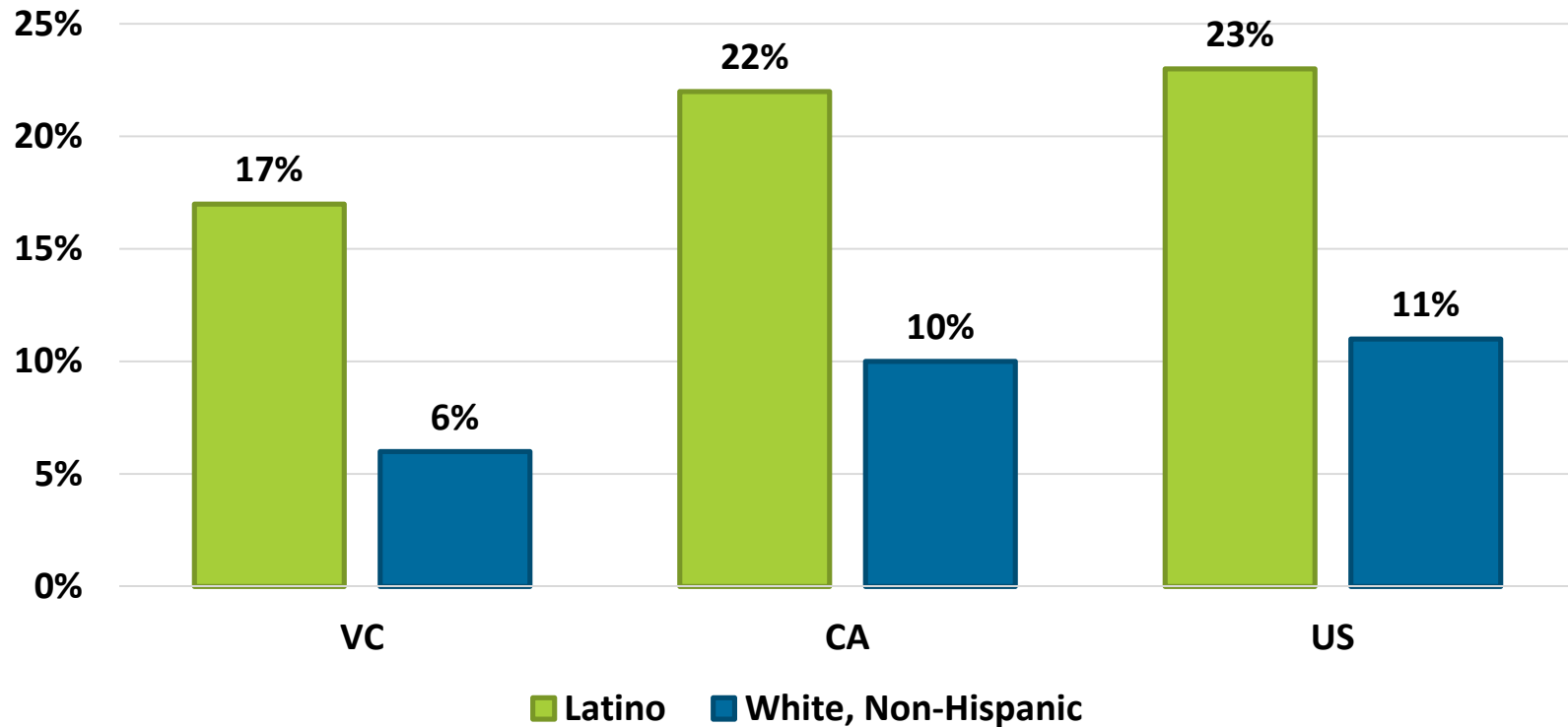
Source: American Community Survey, 2012-16.

Home Ownership by Race/Ethnicity, 2016

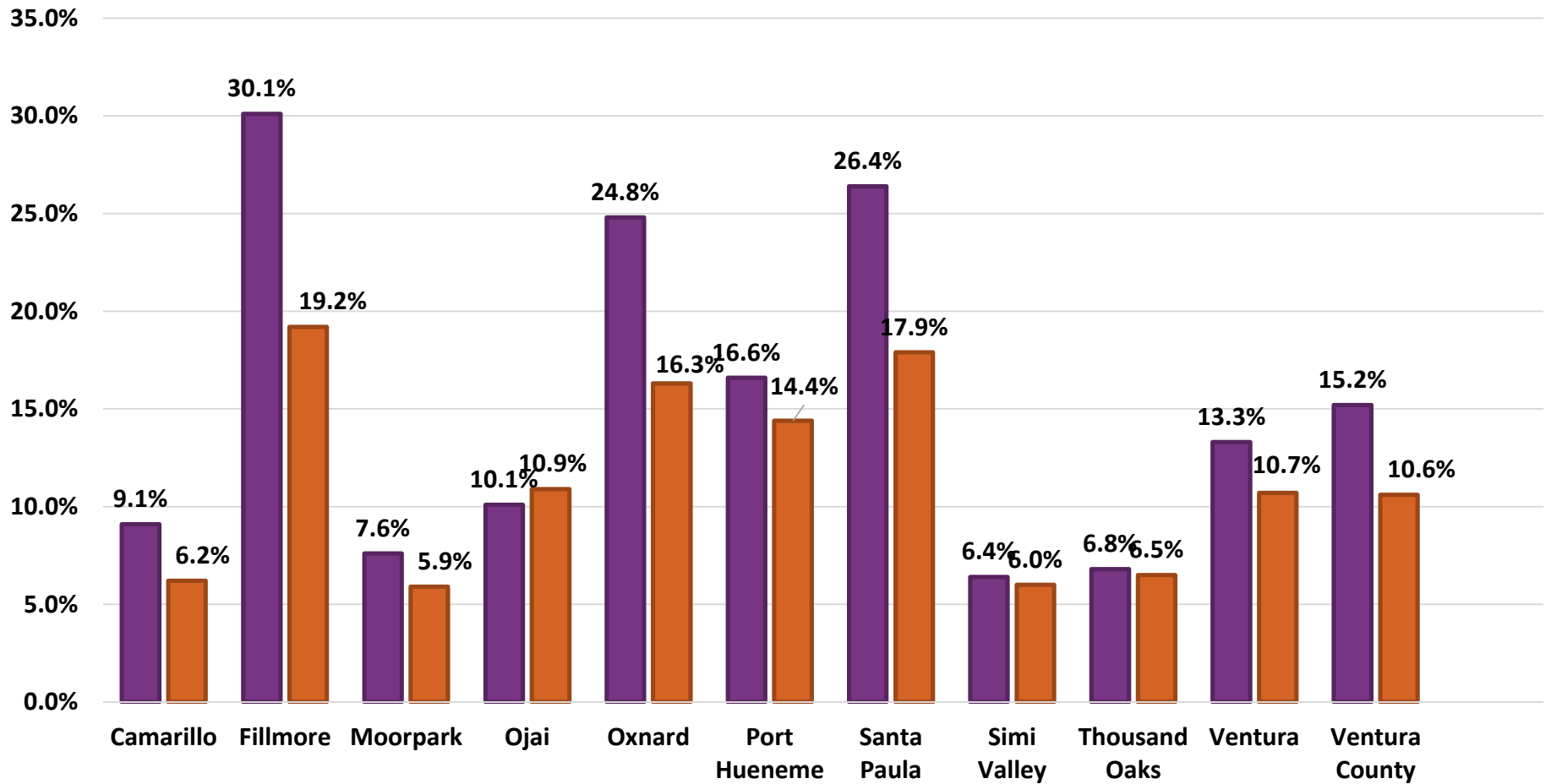


Federal Poverty Status by Race/Ethnicity, 2016

Real Cost Measure: 47% of Latinos in Poverty vs 15% of Whites.



Poverty Status by City for Total Population and Children under 18 years, 2016



Health Equity

Achieved when **everyone** is given the **opportunity** to reach their full health potential.

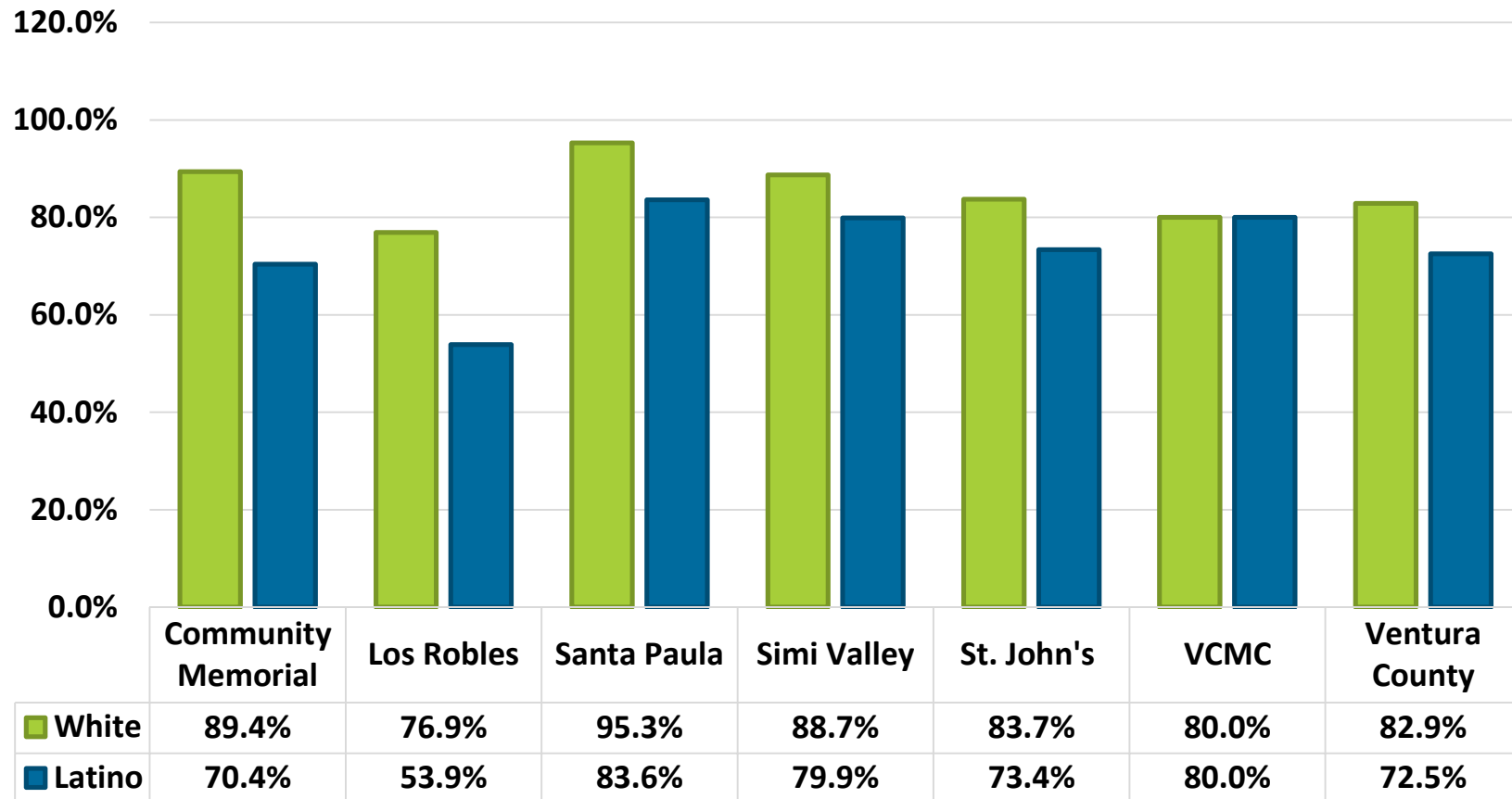
Equality



Equity

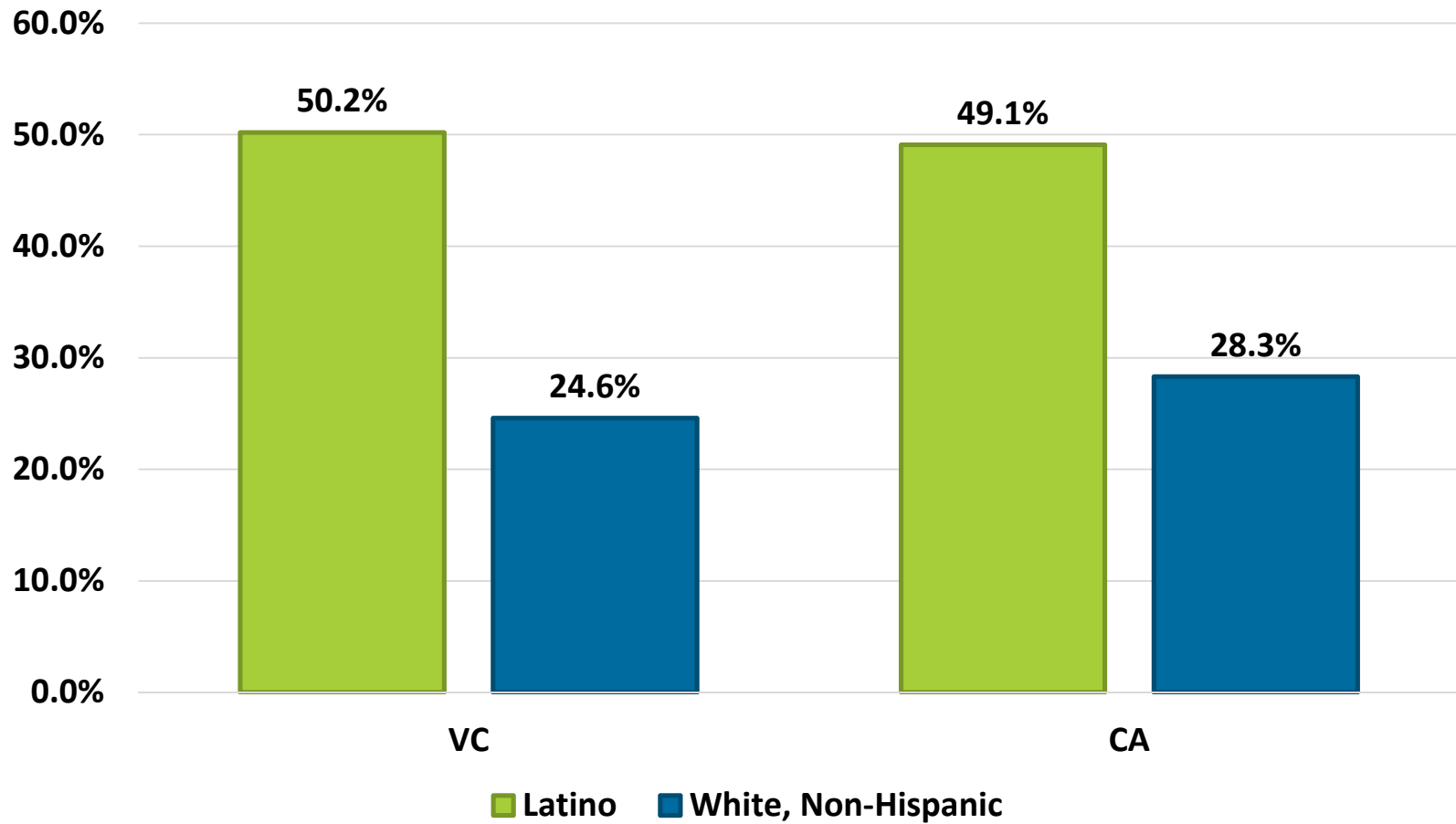


Exclusive Breastfeeding by Ethnicity and Facility, 2016

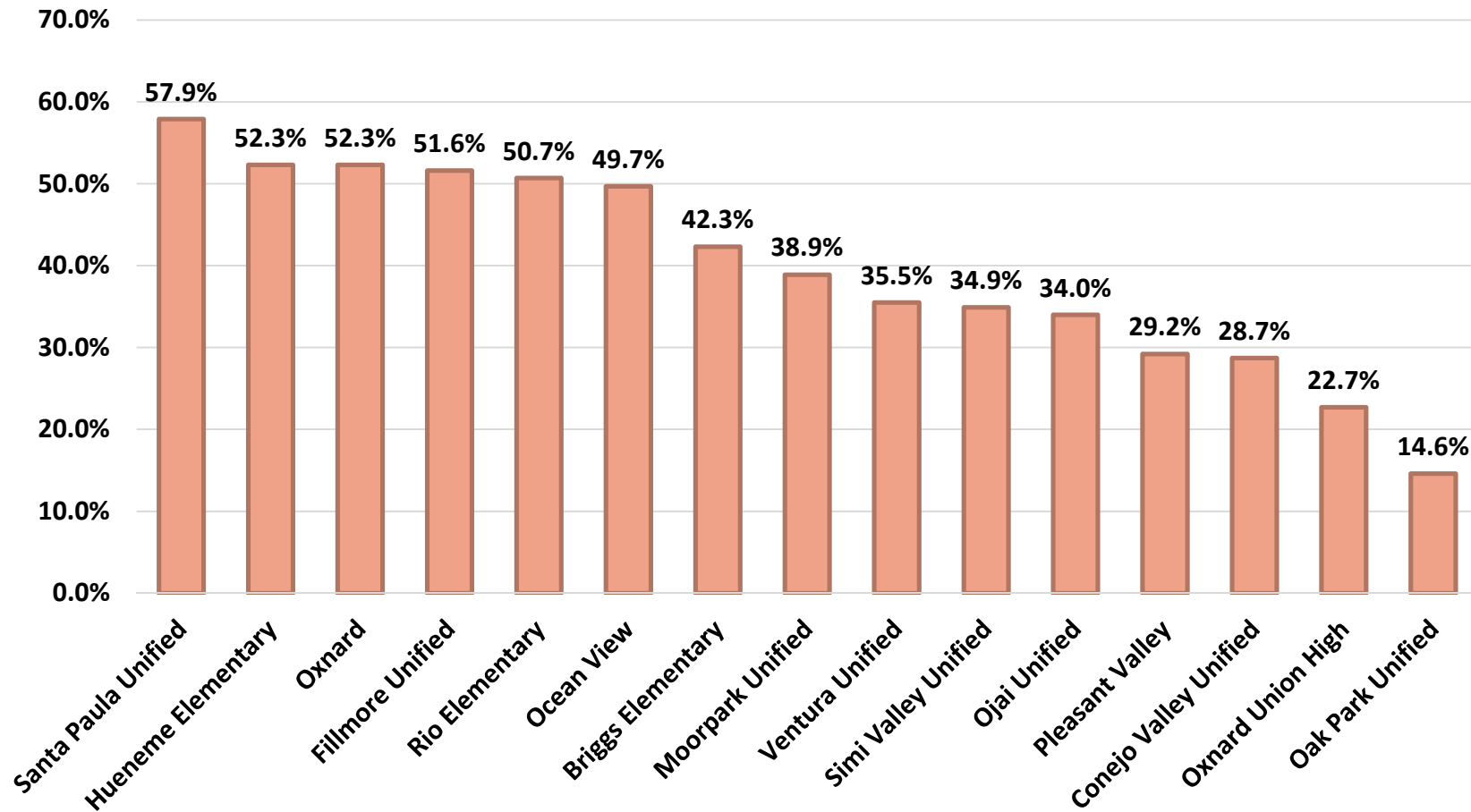


Source: In Hospital Breastfeeding Initiation, California Department of Public Health, 2016.

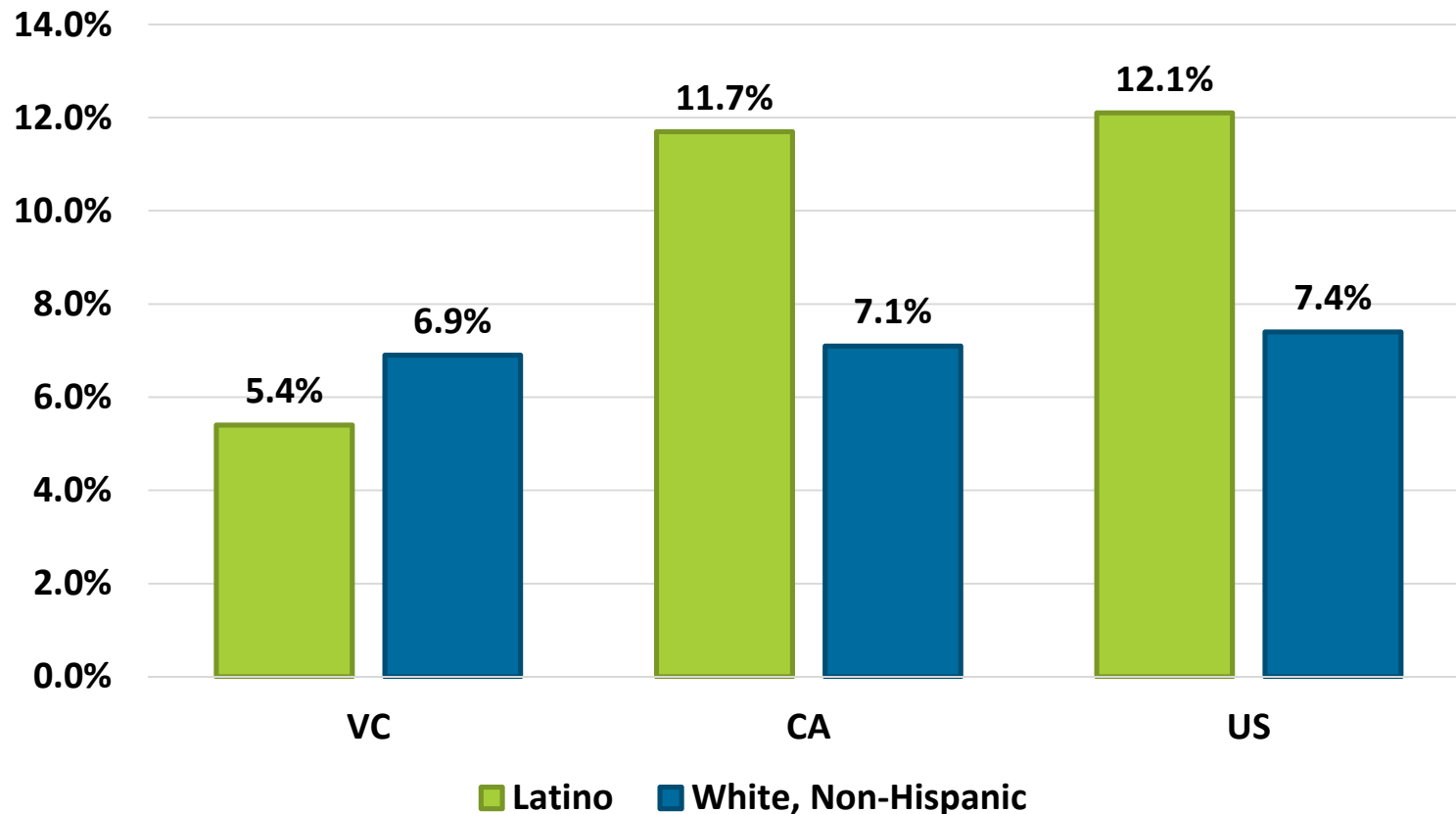
5th Graders Outside the Healthy Fitness Zone by Ethnicity, 2016-17



5th Graders Outside the Healthy Fitness Zone by District, 2016-17

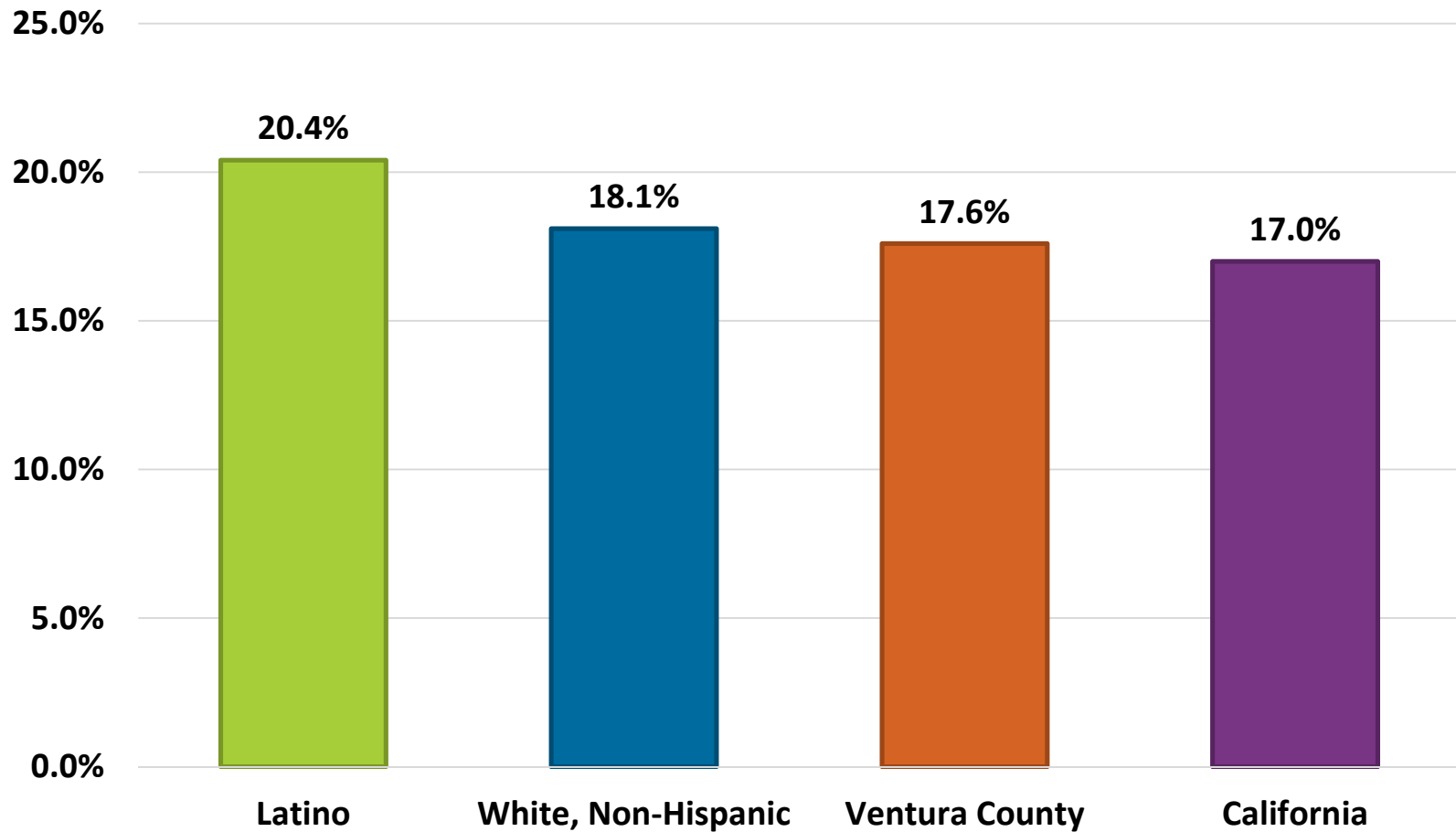


Percent of Adults with Diabetes, 2015-16 (VC and CA), 2013-15 (US)



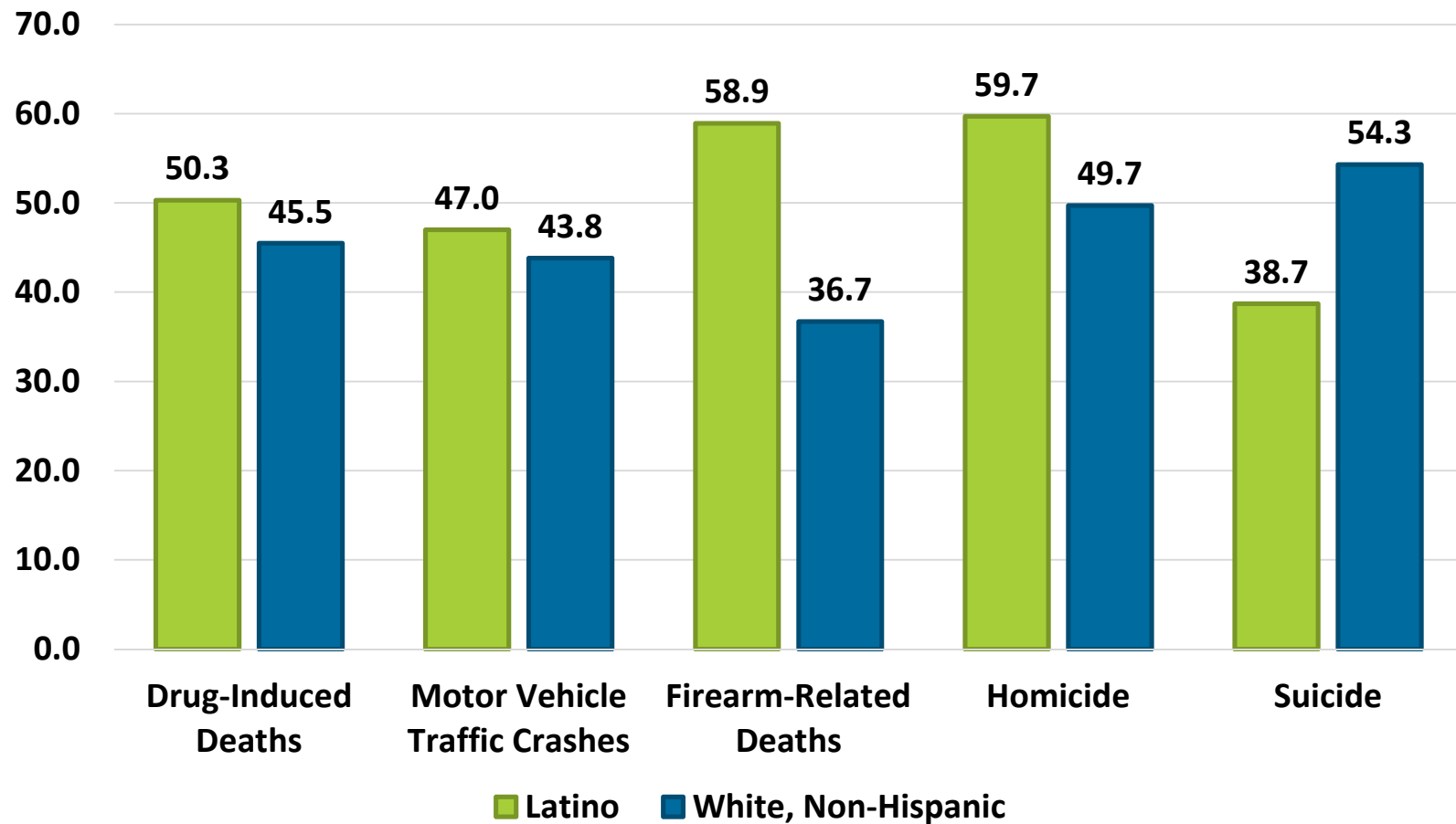
Estimates are unstable for VC

Adults Needing Help with Mental, Emotional or Substance Abuse Problems

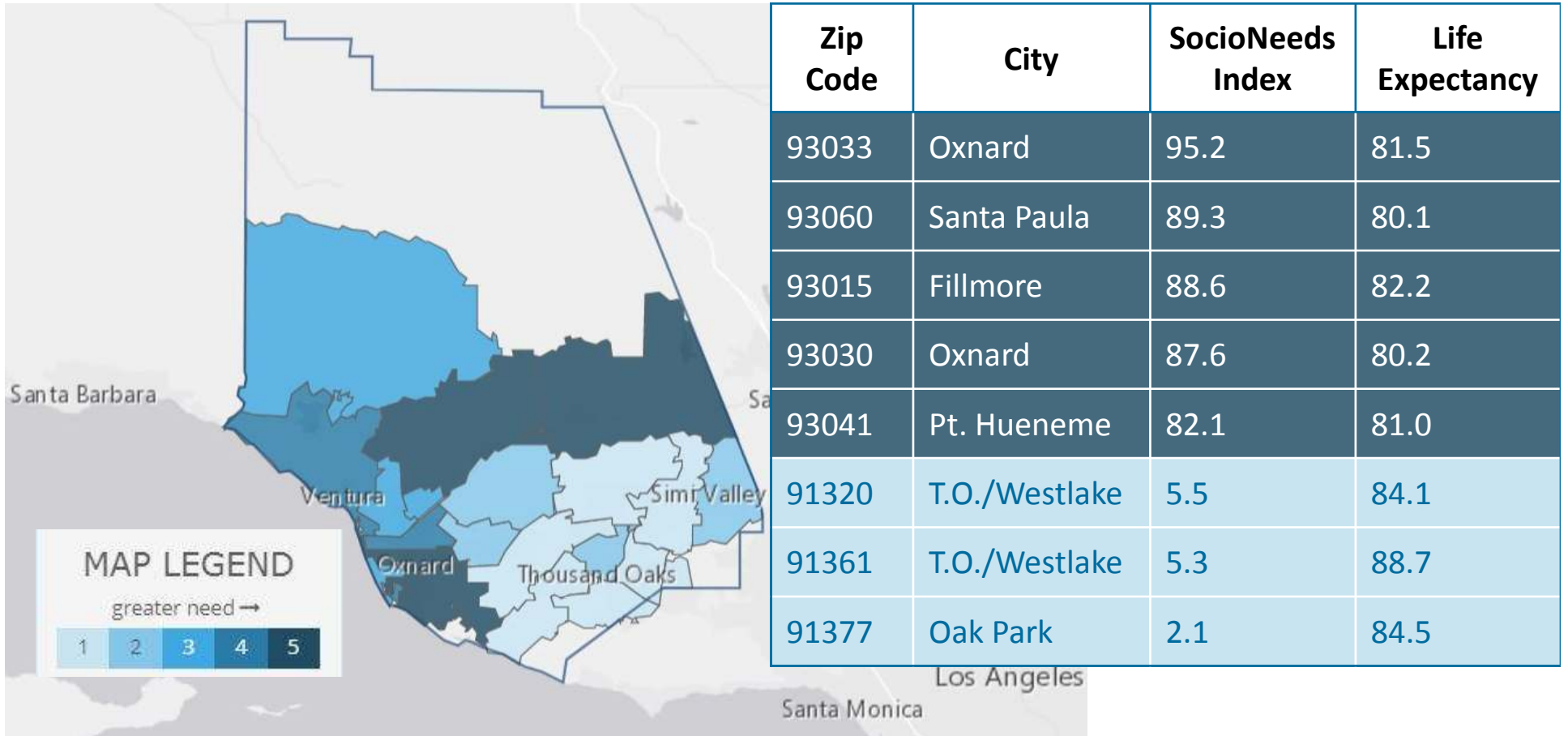


Source: California Health Interview Survey, 2015-16.

Average Years of Life Lost Per Death, Ventura County, 2012-2014



Place Matters: Ventura County SocioNeeds Index, 2017



Source: Healthy Communities Institute, SocioNeeds Index, 2017.

Community Health Improvement Plan



Priority 8: Reduce Adult Substance Use

Priority 9: Improve Adult Mental Health

www.healthmattersinvc.org

The screenshot shows the homepage of the Health Matters in Ventura County website. At the top, the logo reads "Health Matters in VVC" with a graphic of a sun, mountains, and trees. Below the logo is a navigation menu with links for "Find Data", "City Profiles", "Strategic Plan", "Resources & Tools", and "About Us". The main heading is "Welcome to Health Matters in Ventura County". Below this are three blue boxes with white text: "LEAD to inspire others", "WALK to stay active", and "TALK to ensure a healthy future". A paragraph of text describes the website as a source of population data and community health information, provided by Ventura County Public Health. Below the text is a photograph of the Ventura County Courthouse. To the right of the photo is a list of links: "Community Input Survey", "NEW Community Health Assessment", "Community Health Improvement Plan", and "VCPH Strategic Plan". At the bottom of the page are three blue icons: a house, three people, and a target.

Data-Related Questions

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